



KHADIJA CARES  
FOUNDATION

# QUARTERLY NEWSLETTER

Jan - Mar | 2025

Issue: 0004



Here's what we've been  
up to this past quarter:

1. Launch of "KCF street flow"
2. Donation to students of University of Ghana
3. Donation to hawkers near Shiashie
4. Total Donations received this quarter:

**GHC1900**





# KCF STREET FLOW

This new initiative focuses on educating the general public on sustainable menstrual products. We used a “VoxPop” format: randomly approaching people, asking them questions about menstrual hygiene and products, and educating them on sustainable options.

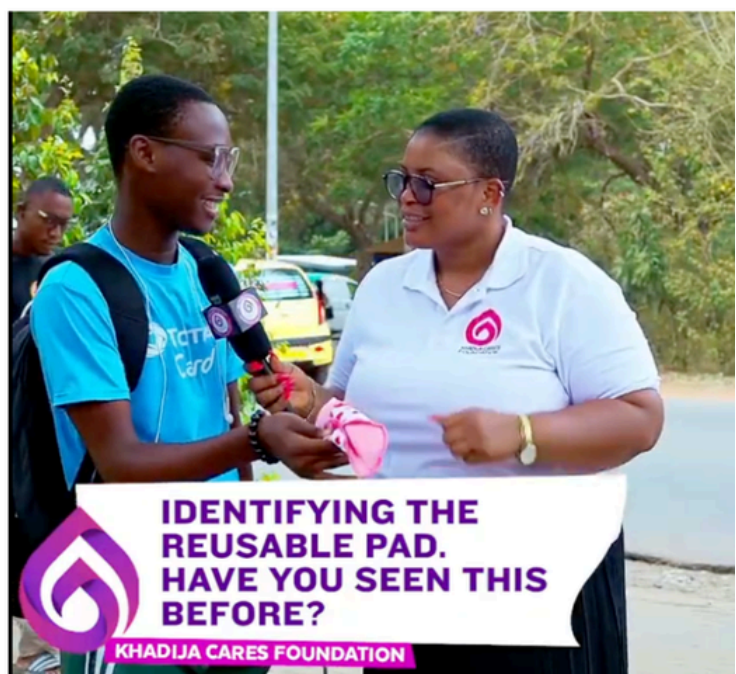


## DONATION TO UG STUDENTS AND BYSTANDERS AT SHIASHIE

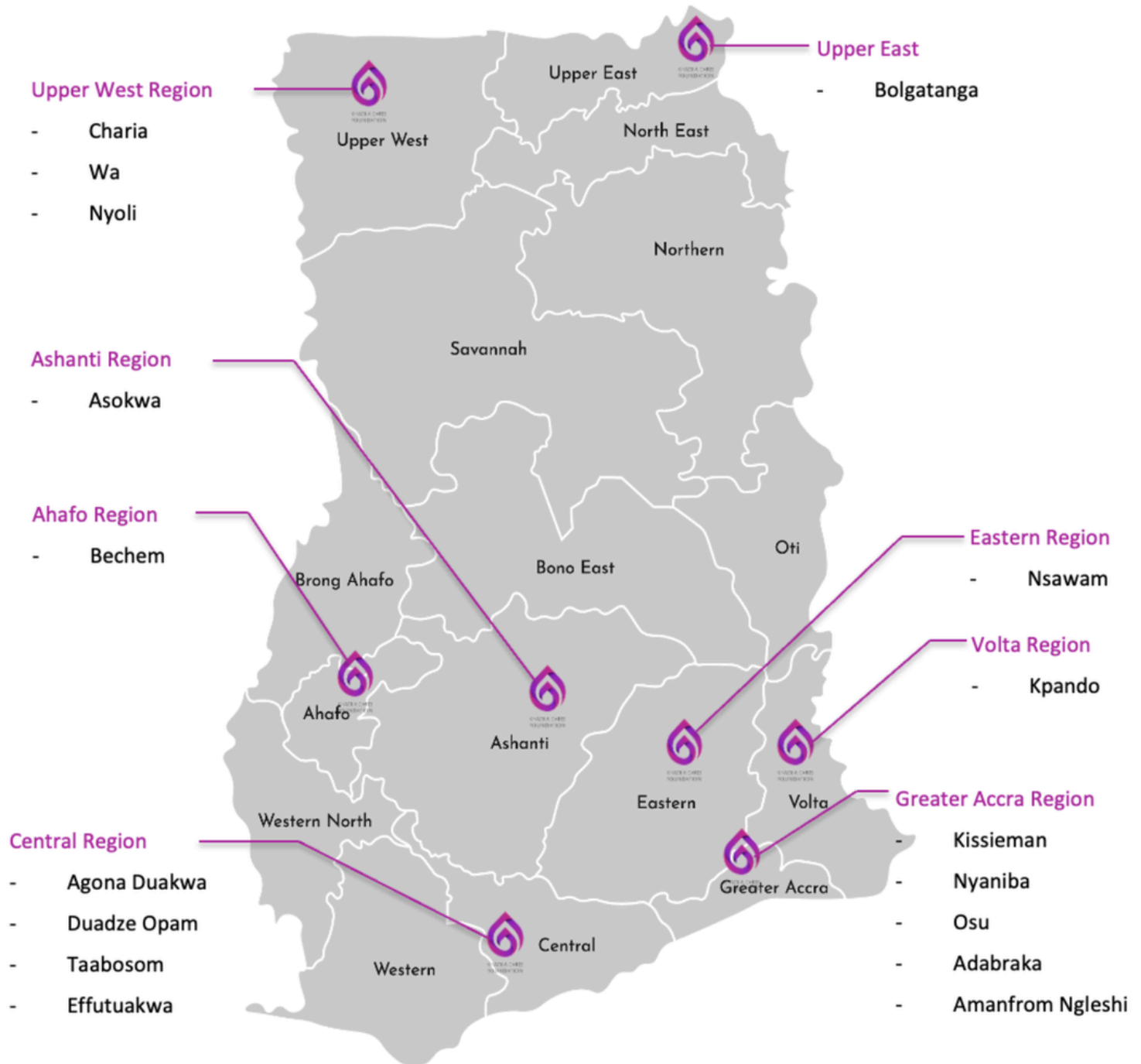
During our VoxPop, we donated 20 menstrual cups and reusable pads to students of University of Ghana and bystanders at Shiashie

## KCF FACT SHEET

- 2273 beneficiaries
- 7600 products donated
- Presence in 8 regions
- 18 communities impacted



# OUR REACH SO FAR





# BENEFICIARY SPOTLIGHT



**And when I started using the reusable pad I felt good**

**AGE:13 | STUDENT | DONATION DATE: MAR '24**

*"WHEN I STARTED USING THE REUSABLE PAD I FELT GOOD, BECAUSE COMPARING THIS TO THE REGULAR PADS, THIS REUSABLE ONE FEELS MORE SECURE & COMFORTABLE"*



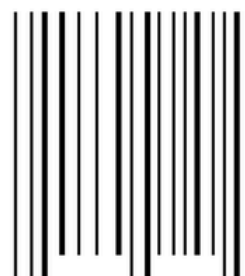
# DONOR HIGHLIGHTS



深能安所固电力(加纳)有限公司  
SUNON ASOGLI POWER (GHANA) LIMITED COMPANY



**PLOT GHANA**



**The Or Foundation**



DONATE NOW



Visit:

[www.khadijacares.org](http://www.khadijacares.org)



**FOR EVERY  
GHC500 YOU  
DONATE, YOU  
FREE A GIRL  
FROM THE  
BURDEN OF  
PURCHASING  
MENSTRUAL  
PRODUCTS FOR  
THE NEXT 10  
YEARS!**

We donate a sustainable menstrual kit containing a menstrual cup + reusable pads/underwear which lasts for up to 10 years



Menstrual  
Cup + steriliser



Reusable  
Pad



Period  
Underwear

